

RESPONSE

LECTURE

Intersectionality and Wellbeing in Sports: On belonging and visible invisibility



Thursday 10 September 2026



15.00 – 16.30



Can psychological wellbeing be sustained where authenticity remains the price of belonging? If conditions for wellbeing are to be cultivated in sport, DEIBJ initiatives must transcend the mere inclusion and integration of those whose lived experiences are eclipsed by normative assumptions. Engaging cultural sport psychology and positive psychology as conceptual anchors and adopting intersectionality as an analytical lens, the CSP3 research program aims to reframe and advance sport psychology coaching, education, and training to enhance practitioner cultural awareness and humility. Rather than exploring how marginalised peoples can flourish within existing systems, this lecture pivots around how intersectionality changes what authentic wellbeing in sport requires of those systems in the first place.

ABOUT DR. PENELOPE MURDOCK:



A Canadian-born Jamaican driven by an insatiable desire to lead with authenticity and create her own seat at tables where voices like hers often go unheard, Dr. Murdock revels in putting research into practice in educational and applied settings. Her research program is shaped by an equity driven framework which integrates intersectional awareness and cultural humility with the critical interrogation of power, privilege, and positionality as cultural and contextual determinants of psychological wellbeing in coaching, sport, and physical education contexts. Ultimately, her commitment is not to encouraging marginalised peoples to fit into broken systems, but to dismantling the systems which normalise the decentring of their needs.



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